



Reports from parallel workshops

EPF-FPP Conference “The Rights and Needs of Older Patients”

Warsaw, 13 July 2011

Shared decision-making and empowerment for older patients

Moderator: Prof. Dieter Lüttje. Rapporteur: Gareth Davies

- **Specific education on the needs of the elderly** for carers, care givers and older people. Good strategies always include prevention.
- Single person taking on **coordinating role** in managing overall care (multi-morbidity, polypharmacy).
- Seeking out **good practice models** that already exist at national level. Evaluating and learning from them
- **EPF** taking on role in campaigning on health literacy
- **NGOs** taking on role of changing public perceptions. An old person is a person, with rights

Linking health and social care in self-management

Moderator: Ian Banks. Rapporteur: Hanna Milczarek

- Needs of older patients: (1) to keep their autonomy within a defined area by the interested person; (2) To be listened by the stakeholders.
- *Recommendation 1:* NGOs should be a premier source of collective information on needs of older patients – NGO representatives should be present in decision-making
- *Recommendation 2:* Establish national plan for dealing with problems of older patients. To enable patient individual choice of social carer.

Linking health and social care in self-management

Barriers in self-management

- *Recommendation 3:* by help of NGOs and using examples of good practice, bring this topic from the local to national group of EPF and European Innovation Partnership as the right platform for exchanging experiences and discussion.



Cultural and psychological aspects of ageing with chronic diseases

Moderator: Maria Navarro. Rapporteur: Heather Clarke

- Rights of older people should be taken into account – patients + carers
 - Political acknowledgement and support (resources) – put it on the agenda
 - Employment rights of both groups
 - Rights of those who've lost independence & need protection
- Invest in prevention – prevent what is preventable – start with children – children can educate their parents -> healthier life styles
- Create European standards of integrated care – with involvement of patients organisations



(e-) health literacy and information for older patients

Moderator: Paul de Raeve. Rapporteur: Peggy Maguire

- EPF definition & recommendations (2008) are still valid but should be reviewed in light of older patients' needs
- HL needs a life-span and cross-sectoral approach
- Definition: HL as an overarching term for several distinct areas – e.g. health information, awareness, patient empowerment...
- Older patients/persons not a homogenous group
 - Familiarity with and competence in eHealth varies considerably
 - Information to older people needs a variety of formats depending on individual
- Patient-centred approach / patients as experts in partnership with health professionals.

(e-) health literacy and information for older patients

- Political level
 - Feed in recommendations from this conference into current activities – EU and national level
 - Health literacy should be a priority in the Innovation Partnership
 - Connection to the Health Literacy Survey, build on it...
 - Awareness and capacity-building for politicians – EU level
- Financial barriers and opportunities
 - Health inequities – lack of access to treatment and care
 - EU-funded projects, use of Structural Funds at national level
- Many good practice models exist that can be used & adapted to suit local contexts – but we need to know what they are (“evidence barrier”)