

# Improving healthcare and social care for the elderly – a Swedish perspective

Eva Nilsson Bågenholm, MD

National Coordinator for Elderly Care



#### Current situation

- Ageing population
- Living longer with multiple health problems
- Limited knowledge on multimorbidity
- More publicly financed care of the elderly than any other country
- High quality healthcare
- Surveys show dissatisfaction
- Individual failures or system-wide shortcomings?



# Coordination of health and social care for the most fragile elderly

- Improving health and social care
- National coordinator
- 3.75 billion SEK 2011-2014
- Strengthening incentives and conditions for the county councils and the municipalities
- National quality indicators
- Compensation based on results



## Challenges

- Continuity, overview and coordination
- Lack of holistic perspective
- Involvement and influence
- Family care support
- Competence
- Organisation of healthcare
- Multiple medication
- Documentation



### Consultation

#### Stakeholders

- patient organisations
- senior citizens organisations
- professional groups
- decision makers
- Study visits
- Individual meetings
- Conferences



### The Vision

- Focus of the individual
- Involvement and empowerment
- Common basic values
- High quality
- Coordinated health and social care



# Thank you for your attention!

