

# Access to healthcare in the EU the Polish example

**CONSENSUS MEETING ON ACCESS AND EQUITY FOR PATIENTS** 

Warsaw - 3 December 2013



DG SANCO
Artur CARVALHO



#### Structure of the presentation

- 1. Access to healthcare
- 2. European Commission analysis
- 3. A more in-depth analysis
- 4. Reflection

Poland as example



## Equitable access to high quality healthcare

- Consensus on a principle Council Conclusions 2006
- But missing elements:
  - equal development of quality strategies across EU
  - clear and transparent information on quality of healthcare confidence of EU citizens on good quality healthcare in EU
- How to address them?
- How to measure access?





## The European Semester - Health in the Staff Working Document for Poland

Pressing issues to be addressed in the Polish healthcare system relate to limitations in access to care and cost inefficiencies. This is of particular importance, as healthcare spending is expected to grow considerably in the medium to long term, increasing the burden on public finances. Poland has limitations in access to care, especially for specialised treatment. The country has an above EU average number of acute hospital beds per 1000 inhabitants (4.4 in Poland versus 3.6 in the EU), but relatively few general practitioners. This implies cost-saving potential by shifting relatively costly hospital care towards primary and ambulatory care and strengthening the role of general practitioners as gate-keepers to further levels of care. In recent years, the Polish health sector has been undergoing a restructuring, with incentives to commercialise hospitals, some privatisation of healthcare institutions and recent attempts to improve the indebtedness of medical entities. However, more efforts are needed to enhance the efficiency and quality of public spending. In particular, cost efficiency within hospitals could be improved, for example, by linking remuneration to performance and improving management skills. Enhanced computerisation, leading to better information, communication and monitoring systems could further foster cost efficiency gains in the sector.



#### **Evidence on access in Poland**

1. Health Systems in Transition 2011
European Observatory on Health Systems and Policies

#### Main issues:

- Specialist and dental care
- Urban vs. Rural





#### 2. OECD\* - 2013

#### Main issues:

- Substantial limitations in access to care;
- Reducing persistent inequalities;
- Strengthening the gate-keeping function played by generalists;

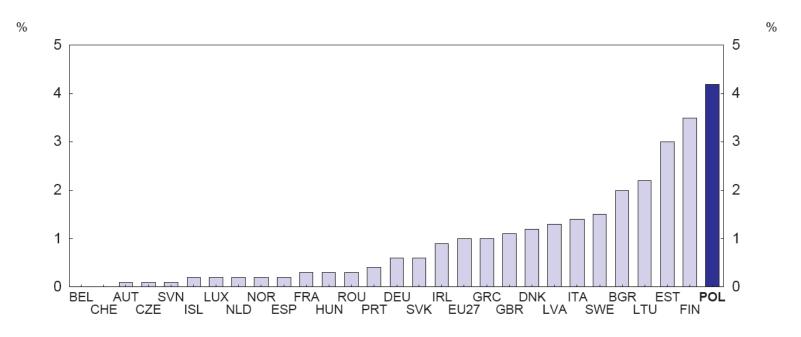


<sup>\*</sup> Boulhol, H. et al. (2012), "Improving the Health-Care System in Poland", OECD Economics Department Working Papers, No. 957, OECD Publishing. http://dx.doi.org/10.1787/5k9b7bn5qzvd-en



#### Impact of waiting times on access

Figure 13. Waiting times restrict access to medical care in Poland<sup>1</sup>



1. Unmet needs in medical care due to excess waiting, as a percentage of population aged 16 and over.

Source: Eurostat, SILC database.



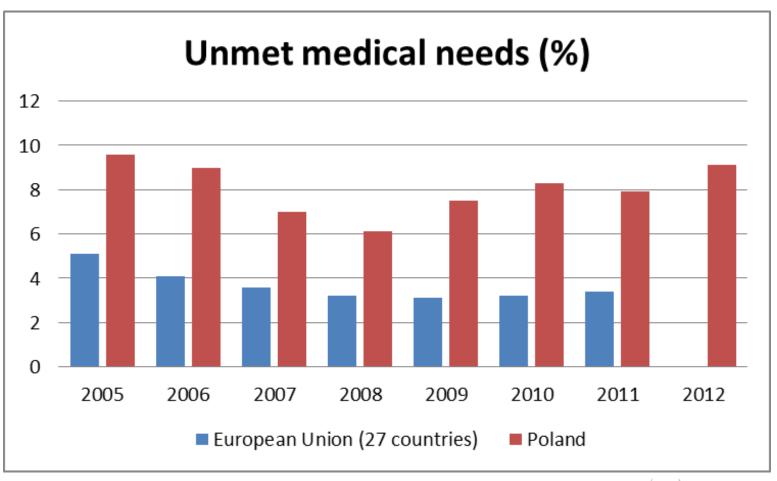
## 3. European Commission - Joint Report on Health Systems

#### Main issues:

- Financing of health care
  - improve access and quality of care
  - improve distribution between population groups and regional areas
- Human resources strategy that tackles spatial/regional disparities
  - ensures sufficient numbers of staff
  - staff and population ageing
  - retains staff to the sector and to the country.



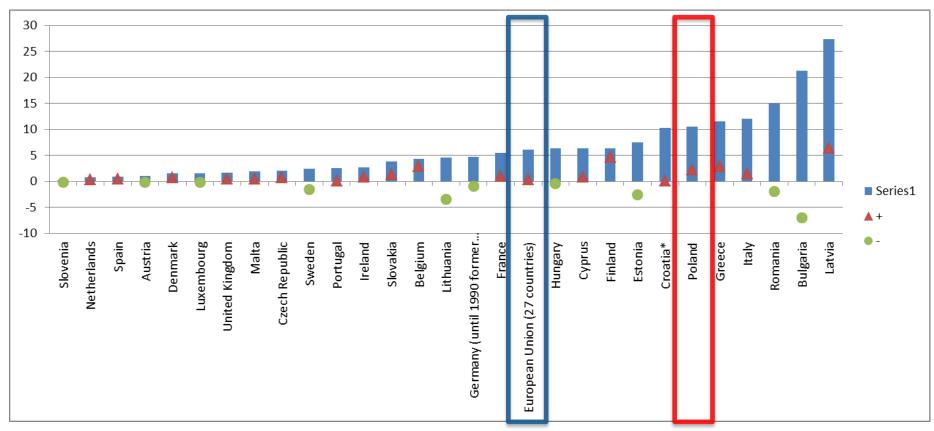
#### Access to healthcare



Source: Eurostat - SILC



## Unmet needs for medical examination in the EU

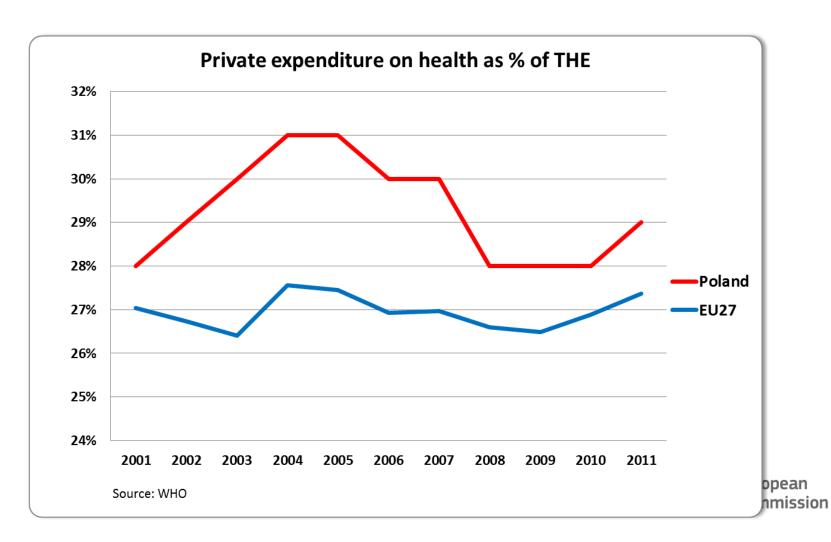


Source: Eurostat - SILC

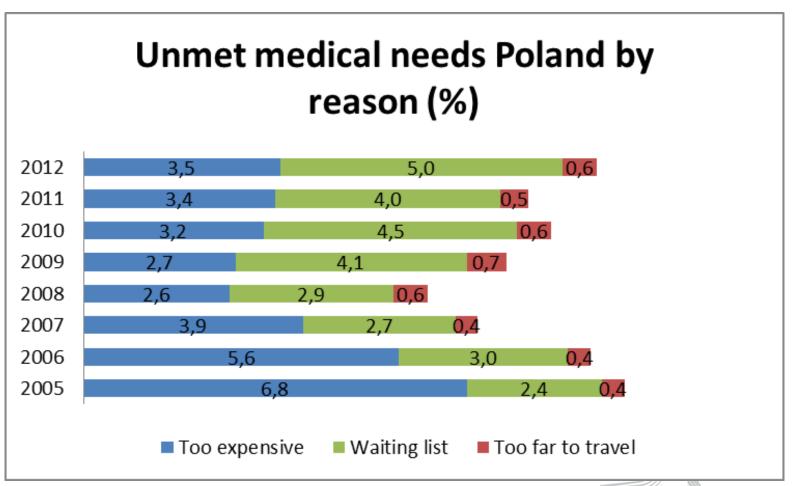


#### Access to healthcare

#### Level of put-of-pocket payments can contribute to restricting access



#### **Access to healthcare**

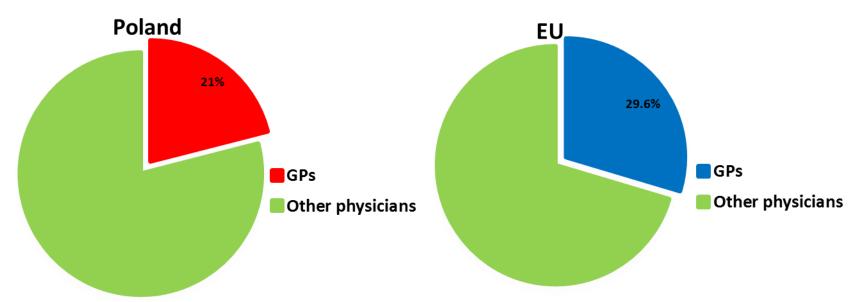


Source: Eurostat - SILC



#### Resources – possible impact on access

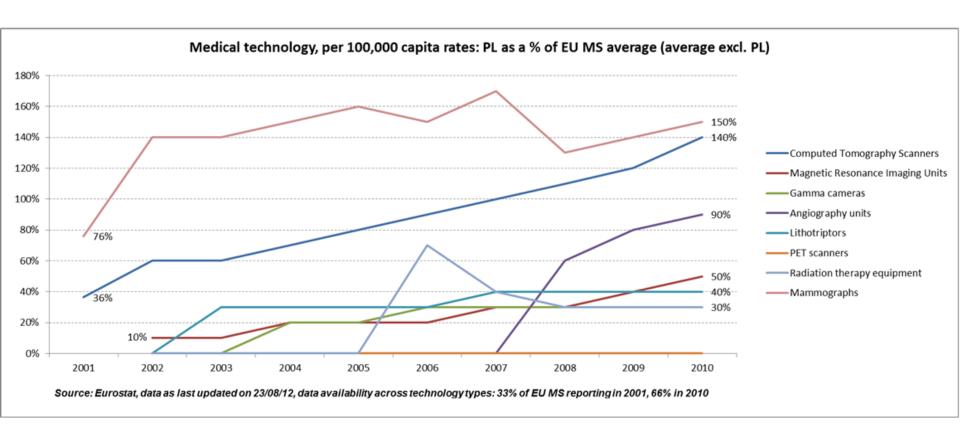




Source: OECD Health Data 2012; Eurostat Statistics Database; WHO European Health

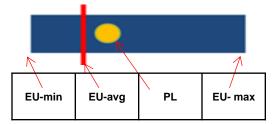


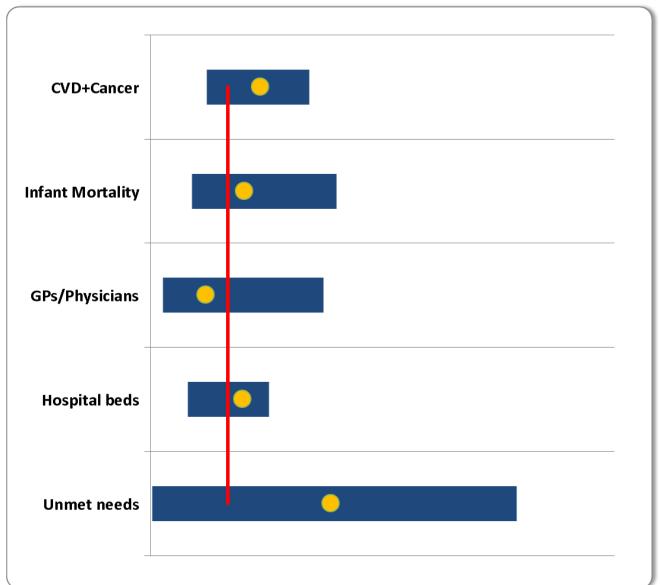
#### Resources – possible impact on access





#### **Overview - Poland**





#### Main challenges:

Health promotion and disease prevention

- Human resources strategy
- Hospital beds
- Access groups, geographic areas, waiting time



#### **Internal analyses**

#### Need for:

- More in-depth analysis
- Comparable data
- Establishment of priorities for action



Table 2: summary of health outcome indicators

	animal y of ficultin outcome indicators			
	perinatal mortality	breast cancer screening	avoidable mortality	communicable diseases
BE	-0,38	-0,70	-0,59	-0,38
BG	2,23	1,40	1,62	1,45
CZ	-1,06	0,53	0,43	1,20
DK	-1,14	-0,77	-0,33	0,24
DE	-0,03	0,33	-0,83	-1,16
EE	-0,38	-0,04	0,49	1,28
IE	0,13	-0,62	-0,85	1,92
EL	-0,57	0,53	-0,41	-1,20
ES	-0,57	-0,74	-0,51	-0,26
FR	2,23	0,32	-1,02	-0,58
HR	0,18	0,49	0,77	0,35
IT	-0,77	0,11	-0,90	-0,96
CY	-1,66	0,10	-0,85	-1,69
LV	1,67	0,82	1,84	0,23
LT	0,28	1,50	1,56	0,24
LU	0,33	0,25	-0,58	0,21
HU	0,51	0,55	1,85	-1,39
MT	1,24	1,15	-0,56	-0,36
NL	-0,03	-1,54	-0,52	1,24
AT	0,08	-1,34	-0,98	-0,14
PL	-0,03	0,21	0,78	-0,98
PT	-1,14	-0,76	-0,11	-0,82
RO	0,94	1,73	1,83	-1,29
SI	-0,77	-1,90	-0,18	-0,31
SK	0,02	1,55	1,10	0,32
FI	-1,66	-1,96	-1,09	-0,04
SE	-0,50	-0,44	-1,10	0,98
UK	0,86	-0,75	-0,84	1,90

#### **Health outcomes**

Source: Eurostat, OECD, ECDC, Commission services' elaboration



#### **Outcomes**

Figure 1: perinatal mortality rates (2011)

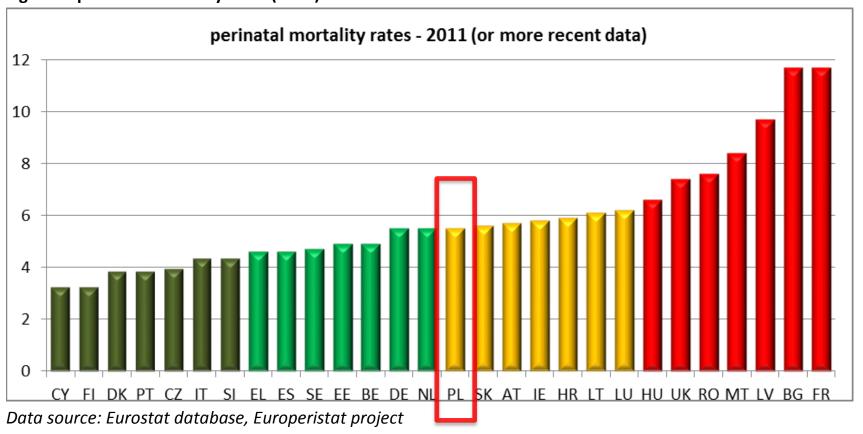
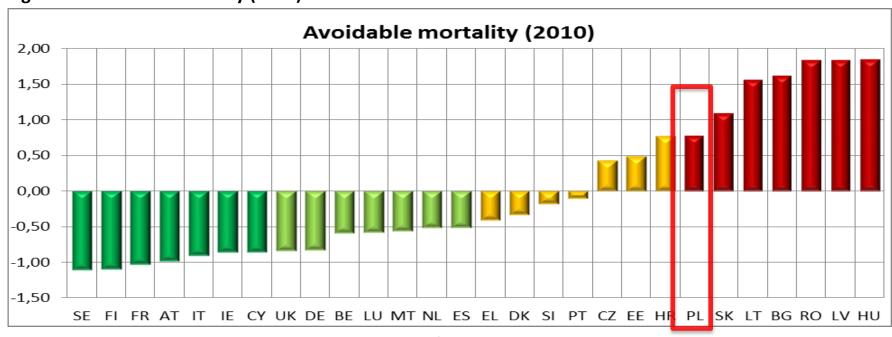




Figure 1: avoidable mortality (2010)



Data source: Eurostat database, Commission services' elaboration



#### **Summary conclusions**

Figure 13: summary of health outcomes indicators



Source: Eurostat, OECD, ECDC, Commission services' elaboration





#### **Access to healthcare**

#### **Indicators**

- Private health expenditure
- Unmet medical care
- Unmet dental care

#### Methodology

- Standardization comparable data
- Composite indicator
- Sensitivity analysis



#### Universal coverage

Table 6: Public Healthcare Coverage Rates for Member States not reporting 100%

+‡+			
MS	OECD 2012 coverage rate for 2010	European Observatory on Health Systems and Policies, Health Systems in Transition (HiT) series, relevant excerpt	Year of <u>HiT</u> report
PL	97,5%	Sagan et al 2011: "The remaining 2.4% of the population without health insurance coverage through the NFZ is nevertheless entitled to receive free health care services at the point of delivery. This group comprises resident citizens who meet the income criteria to receive benefits from social assistance (pomocspoteczna); all uninsured children under the age of 18; all uninsured women during pregnancy, childbirth and the postpartum period; alcoholics undergoing addiction treatment; persons with drug addictions; persons with mental illnesses who are receiving psychiatric treatment; persons affected by certain infectious diseases; and prisoners. Also covered are some groups whose sources of income do not qualify them for payment of compulsory NFZ health insurance contributions, for example rentiers (with incomes from owning financial assets) of the homeless. Uninsured non-residents or non-citizens who experience a life-threatening medical emergency must reimburse service providers at a later date for any care received."	2011

Source: based on OECD 2012 and HiT Report as downloaded (on 21 August 2013) via http://www.euro.who.int/en/who-we-are/partners/observatory/health-systems-in-transition-hit-series



#### **Poland**

Unmet medical needs

Unmet medical needs: Too expensive

Unmet medical needs: Too far to travel

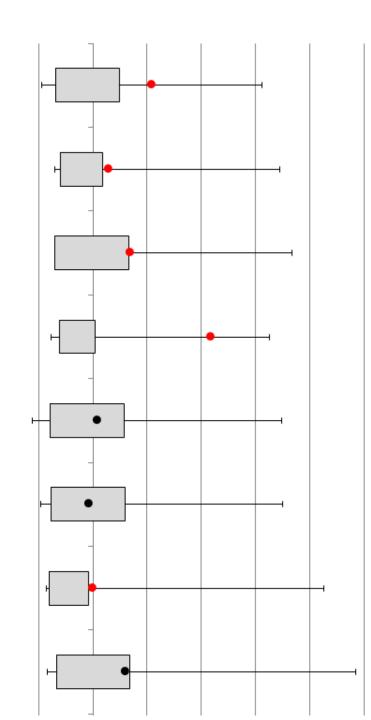
Unmet medical needs: Waiting list

Unmet dental needs

Unmet dental needs: Too expensive

Unmet dental needs: Too far to travel

Unmet dental needs: Waiting list



**Access** 

Source: Eurostat – SILC, Commission calculations





## Preliminary conclusions on enhancing access in Poland

- Strategy to reduce of waiting times including better management of waiting lists (v.g., transparency in dual practice)
- Strengthening ambulatory care
- Improving outpatient facilities and services





### Thank you.